

ASK ELEVATE

Q: I'm interested in a surgical body-toning treatment? What's my best option?

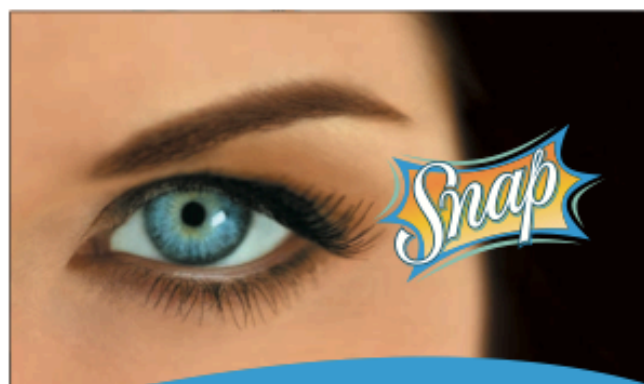
A: "Our most popular/effective body-contouring treatment at Rice Cosmetic Surgery is the AquaSculpt," says Dr. Sean Rice, MD, M.Sc., FRCSC (doctorseanrice.com). "It's effective because it utilizes the positive attributes of both water- and laser-assisted liposuction. First, the gentle water-assisted liposuction removes the unwanted fat with exact precision. The removed fat cells are not damaged during this process and can be harvested and used for natural fillers or for augmentation purposes. The laser-assisted liposuction then tightens the remaining loose skin. Treatments take one to two hours, depending on the areas treated, and recovery takes one to two days, although patients should stay away from rigorous activity for up to two weeks. Results will be seen in a few weeks, and the skin tightening effect from the laser-assisted liposuction can continue for up to 12 months. (doctorseanrice.com)"



SIZEABLE CHOICE

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